WOMEN’S HEALTH
WELLNESS

WELLNESS at EVERY age.

LabCorp

Integrated GENETICS
LabCorp Specialty Testing Group
Women’s health wellness assessments provide an opportunity for physicians to counsel patients about preventive care. These assessments may include laboratory screening, evaluation, and counseling at varying intervals.

The CDC (Centers for Disease Control and Prevention) and the USPSTF (US Preventive Services Task Force) have established the importance of including preventive services in primary care.
Current guidelines provide screening and testing recommendations based on age and risk factors, and serve as a framework of care for the obstetrician, gynecologist, and others providing health care for women which should be individualized to meet the needs of each patient.¹

### Periodic Screening

**Colorectal cancer screening beginning at age 50** ¹,²,³

Fecal occult blood test: every year¹

Cervical cytology 40-64: Preferred – Co-test cytology and HPV screening every 5 years¹
   Option – Screen with cytology alone every 3 years¹

Cholesterol (Lipid testing)¹,³

Diabetes testing at age 45**: if normal repeat every 3 years¹,²,³

Genetic testing/counseling: SMA, CF and assessment for risk of hemoglobinopathy (for women considering pregnancy)

Hepatitis C virus one-time testing if born 1945-1965¹,²,³

Human immunodeficiency virus (HIV) testing (if sexually active)¹,²,³

**High-risk Groups**

Bone mineral density screening¹

Colorectal cancer screening

Diabetes testing¹

Genetic testing/counseling (Fragile X, Tay-Sachs disease)¹

Hemoglobin level assessment¹

Sexually transmitted infection testing¹

Syphilis²,³

Thyroid stimulating hormone testing¹

Tuberculosis testing¹

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**Colorectal cancer screening up to age 75, then aged 76-85 (based on patient’s overall health and prior screening)**¹,²,³

Fecal occult blood test: every year¹

Bone mineral density screening (every 2 years with no new risk factors)¹

Cervical cytology age 65: Preferred – Co-test cytology and HPV screening every 5 years¹
   Option – Screen with cytology alone every 3 years¹

Age 66 and older: Discontinue in women with evidence of adequate negative prior screening test results and no history of CIN 2 or higher¹,²,³

Cholesterol (Lipid testing)¹,³

Diabetes testing (every 3 years)¹,²,³

Hepatitis C virus one-time testing if born 1945-1965¹,³

Thyroid Stimulating Hormone testing (every 5 years)¹

Urinalysis¹

**High-risk Groups**

Hemoglobin level assessment¹

Human immunodeficiency virus (HIV) testing¹,³

Sexually transmitted infection testing¹

Syphilis²,³

Thyroid stimulating hormone testing¹

Tuberculosis testing¹

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¹Colorectal cancer screening for African American women should begin at age 45²

²Begin at age 40 if overweight or obese³
Services
LabCorp is a one-source laboratory provider offering testing and services from screening to diagnosis, and counseling to support the continuum of your patient’s care.

Web-based connectivity and systems integration
LabCorp offers electronic connectivity solutions to assist your practice in test ordering and result delivery.

Connectivity solutions
- **LabCorp Link™** - Web-based test ordering and result delivery, mobile result delivery at your fingertips
- **Systems integration** - Interfaces with more than 700 solutions to connect LabCorp with your EMR

Physician access to referred patients’ test results through LabCorp Link
Global patient search is a feature of LabCorp Link that allows an authorized physician to have access to lab results that may have been ordered by other physicians for a referred patient.

**Global Patient Search** allows you to:
- Search for a referred patient’s lab test based on several search parameters
- Review results of the referred patient, gaining a more complete clinical picture of the patient’s health
- Minimize the time you and your staff spend requesting copies of patients’ lab results

* For global patient search feature, a physician must have a LabCorp Link account, and the physician must agree to the Global Search Terms of Use. Global search is only permitted when the physician is in a treatment relationship with the patient.
We take health care personally for you and your patients

Genetic Counseling
As part of LabCorp, Integrated Genetics provides a broad range of counseling services, including those for prenatal and preconception, infertility, and hereditary cancer. Our genetic counselors translate and communicate genetic information into practical, understandable terms. They identify genetic risks, explain appropriate genetic testing options, discuss the implications of test results, and help patients make thoughtful genetic health care decisions.

Cost estimator
Out-of-pocket cost estimator for coinsurance and deductibles is available for patients who have their specimen collected by LabCorp.

Be a part of LabCorp’s Women’s Health Wellness Program
If you are interested in participating in this comprehensive program, please sign up online with your email address ___________________________ at www.LabCorp.com/WHW.

Please indicate the materials that you would like to incorporate in your office.

☐ Patient literature – Easy-to-read material that covers various topics
☐ CarePath reports – Patient counseling reports to help patients understand their diagnosis and treatment options
☐ LabCorp Patient™: Portal – Literature for you to provide to your patients instructing them on how to sign up to receive results
☐ Women’s Health Wellness email updates – Opt-in to receive emails about new women’s health tests and services
☐ LabCorp Link™ – Register to use LabCorp’s test ordering/result reporting application, including global search

The information submitted will be available to LabCorp. LabCorp will use the information in the manner consistent with our privacy statement on www.LabCorp.com. You may unsubscribe from these email updates anytime by selecting a link provided at the bottom of each email.
### Cervical Cytology (Age-based test combinations)

- **193060**: Gynecologic Pap Test—Age-based Guideline for Cervical Cancer (Aptima®) and STDs
- **193065**: Gynecologic Pap Test—Age-based Guideline for Cervical Cancer (Aptima®)
- **193070**: Gynecologic Pap Test—Age-based Guideline for Cervical Cancer (Aptima®) Plus Chlamydia/Gonococcus
- **193075**: Gynecologic Pap Test—Age-based Guideline for Cervical Cancer (Aptima®) Plus Chlamydia/Gonococcus/Trichomonas

### Cardiovascular & Inflammation

<table>
<thead>
<tr>
<th>Code</th>
<th>Test Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>001065</td>
<td>Cholesterol, Total</td>
</tr>
<tr>
<td>363676</td>
<td>Lipid Cascade With Reflex to Apolipoprotein B</td>
</tr>
<tr>
<td>361946</td>
<td>Lipid Cascade With Reflex to Lipoprotein Particle Assessment by NMR</td>
</tr>
<tr>
<td>303756</td>
<td>Lipid Panel</td>
</tr>
<tr>
<td>235010</td>
<td>Lipid Panel With LDL:HDL Ratio</td>
</tr>
<tr>
<td>221010</td>
<td>Lipid Panel With Total Cholesterol:HDL Ratio</td>
</tr>
</tbody>
</table>

### Colorectal Cancer

- **481160**: Epi proColon®, Septin 9 Gene Methylation Detection
- **182949**: Occult Blood, Fecal, Immunoassay

### Diabetes

- **001818**: Glucose, Plasma
- **102277**: Gestational Diabetes Glucose Tolerance Screen (1-Hour, 50 g) (ACOG)
- **101000**: Gestational Diabetes Glucose Tolerance Test (2-Hour, 75g)
- **102004**: Gestational Diabetes Glucose Tolerance Diagnostic (3-Hour, 100 g)
- **101200**: Glucose Tolerance (2-Hour, 75 g)
- **001453**: Hemoglobin (Hb) A1c
- **102525**: Hemoglobin (Hb) A1c With eAG
- **004333**: Insulin (Fasting)
- **140285**: Microalbumin: Creatinine Ratio, Random Urine

### Genetic Testing

- **511919**: Fragile X, PCR With Reflex to Southern Blot
- **451920**: Inheritest® Ashkenazi Jewish Carrier Screening Panel, NGS
- **451950**: Inheritest® Comprehensive Panel, NGS
- **459160**: Inheritest® Society-guided Screening Panel, NGS
- **451964**: Inheritest® Core Panel
- **510404**: Tay-Sachs Disease, DNA Analysis
- **511246**: Tay-Sachs Disease, Biochemical, Leukocytes

### Hemoglobinopathy

- **511172**: α-Thalassemia
- **252823**: β-Thalassemia: HBB (Full Gene Sequencing)
- **121679**: Hemoglobinopathy (Hgb) Fractionation Profile
**Infectious Disease**

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>322744</td>
<td>Acute Hepatitis Panel (A/B/C)</td>
</tr>
<tr>
<td>016881</td>
<td>Hepatitis B Core Antibody, IgM</td>
</tr>
<tr>
<td>006510</td>
<td>Hepatitis B Surface Antigen (HBsAg)</td>
</tr>
<tr>
<td>006395</td>
<td>Hepatitis B Surface Antibody</td>
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<tr>
<td>037215</td>
<td>Hepatitis B Virus (HBV) Evaluation Profile</td>
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<tr>
<td></td>
<td>Profile includes:*</td>
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<tr>
<td></td>
<td>Hepatitis B Surface Antigen</td>
</tr>
<tr>
<td></td>
<td>Hepatitis B Core Antibody, Total</td>
</tr>
<tr>
<td></td>
<td>Hepatitis B Surface Antibody, Qualitative</td>
</tr>
<tr>
<td>144050</td>
<td>Hepatitis C Virus (HCV) Antibody With Reflex to Quantitative Real-time PCR</td>
</tr>
</tbody>
</table>

HCV screening recommendations (AASLD, IDSA, ACG) include: anyone who has ever injected illegal drugs, people with HIV, anyone who received a blood transfusion or organ transplant prior to July 1992, children born to HCV-infected mothers, any health worker experiencing a needle-stick injury, and current sexual partners of HCV-infected people.5,6

- In August 2012, the Centers for Disease Control and Prevention (CDC) recommended that all “baby boomers” [people born from 1945-1965] be screened for HCV infection using an FDA-approved antibody test, with an FDA-approved NAT test (also called an HCV RNA PCR test) performed on any specimens with a positive antibody result.5
- LabCorp offers test 144050 — using FDA-approved antibody and NAT tests to aid in the screening and follow up of those who are indicated for HCV evaluation, including baby boomers under the CDC guidance. HCV antibody testing and HCV RNA testing may also be ordered individually.
- Results from the quantitative RNA test can be used to confirm an active hepatitis infection, in addition to providing an accurate measurement of a patient’s viral load.7

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<tr>
<th>Code</th>
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<tbody>
<tr>
<td>083935</td>
<td>HIV-1/O/2 Antigen/Antibody (4th Gen) With Reflex to Supplemental Testing</td>
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<tr>
<td>082345</td>
<td>Treponema pallidum (Syphilis) Screening Cascade</td>
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*Individual components may be ordered separately

**STD Profiles**

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<tr>
<th>Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>183194</td>
<td>Chlamydia and Gonococcus, NAA*</td>
</tr>
<tr>
<td>183160</td>
<td>Chlamydia, Gonococcus, and Trichomonas, NAA*</td>
</tr>
<tr>
<td>188070</td>
<td>Chlamydia, Gonococcus, Trichomonas, HSV Types 1 and 2, NAA</td>
</tr>
<tr>
<td>180082</td>
<td>Chlamydia, Gonococcus, Mycoplasma genitalium, NAA, Swab</td>
</tr>
<tr>
<td>180093</td>
<td>Chlamydia, Gonococcus, Genital Mycoplasma Profile, NAA, Swab</td>
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</tbody>
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*Urine also acceptable specimen

**Thyroid**

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<thead>
<tr>
<th>Code</th>
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<tbody>
<tr>
<td>330015</td>
<td>Thyroid Cascade Profile</td>
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<tr>
<td>000455</td>
<td>Thyroid Profile</td>
</tr>
<tr>
<td>000620</td>
<td>Thyroid Profile with TSH</td>
</tr>
<tr>
<td>027011</td>
<td>Thyroid Profile II (Comprehensive)</td>
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<tr>
<td>224576</td>
<td>TSH and Free T4</td>
</tr>
</tbody>
</table>

**Tuberculosis**

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<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>182879</td>
<td>QuantiFERON®-TB Gold Plus</td>
</tr>
</tbody>
</table>

For the most current information regarding test options, including CPT codes, please consult the Test Menu at www.labcorp.com.

LabCorp’s policy is to provide physicians, in each instance, with the flexibility to choose appropriate tests to assure that the convenience of ordering test combinations/profiles does not prevent physicians who wish to order a test combination/profile from making deliberate informed decisions regarding which tests are medically necessary. All the tests offered in test combinations/profiles may be ordered individually using the LabCorp test request form.
References: